

# OCTOBER 2020 MENU

			1	2
			<p>PB &amp; J Carrots w/ Ranch Banana</p> <p>Nutty O's Cereal &amp; Milk</p>	<p>Cook's Choice Mixed Veggies Mixed Fruit</p> <p>Yogurt &amp; Milk</p>
5	6	7	8	9
<p>Chicken &amp; Rice Broccoli Peaches</p> <p>Pretzels &amp; Milk</p>	<p>Bean Burrito Corn Applesauce</p> <p>Cheez Crackers &amp; Milk</p>	<p>Ravioli Green Beans Oranges</p> <p>Golden Grahams &amp; Milk</p>	<p>Chicken Salad Sandwich Peas Banana</p> <p>Granola Bar &amp; Milk</p>	<p>Cook's Choice Mixed Veggies Mixed Fruit</p> <p>Grahams &amp; Milk</p>
12	13**	14	15	16
<p>Chicken Soup Casserole Carrots Peaches</p> <p>Animal Crackers &amp; Milk</p>	<p>Goulash Corn Applesauce</p> <p>Apple Cinnamon O's &amp; Milk</p>	<p>Hot Dog w Bun Baked Beans Banana</p> <p>Goldfish &amp; Milk</p>	<p>Pizza Casserole Peas Pineapple</p> <p>HB Egg/Saltines &amp; H2O</p>	<p>Cook's Choice Mixed Veggies Mixed Fruit</p> <p>Cottage Cheese &amp; Milk</p>
19	20	21	22	23
<p>Ham Sandwich Green Beans Cranberries</p> <p>Corn Puffs Cereal &amp; Milk</p>	<p>Chicken Nuggets WW Bread Veggies w/Ranch Banana</p> <p>Nilla Wafers &amp; Milk</p>	<p>Spaghetti Peas Applesauce</p> <p>Apples &amp; Milk</p>	<p>Mac &amp; Cheese Beets Peaches</p> <p>PB Tortillas &amp; Milk</p>	<p>Cook's Choice Mixed Veggies Mixed Fruit</p> <p>Wheat Crackers &amp; Milk</p>
26	27**	28	29	30
<p>Meatballs WW Bread Mashed Potatoes Cranberries</p> <p>Gardetto's &amp; Milk</p>	<p>Garlic Chicken Stir Fry Veggies Pineapple</p> <p>Cereal Bar &amp; Milk</p>	<p>Spanish Rice Green Beans Applesauce</p> <p>Orange Smiles &amp; Milk</p>	<p>Cook's Choice Mixed Veggies Mixed Fruit</p> <p>String Cheese &amp; Milk</p>	<p>HALLOWEEN PARTY DAY</p> 

FOOD ALLERGIES: MILK NUTS EGGS  
SKIM /WHOLE MILK SERVED WITH ALL MEALS

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MENU SUBJECT TO CHANGE WITHOUT NOTICE