

Dear Parents,

We are including a nutritious snack list for you. Please feel free to choose healthy snacks from this list with your child. However, you are not limited to just this list. We love having new snacks to try!

Just as a reminder, we do have 24 children most mornings to feed. Enough snack, for example, may be 3 small boxes or 2 large “family size” box of crackers to keep our children tummies happy and full until lunch. When in doubt, check the serving size on the box, bag, container, etc. We are unable to serve snack with the first ingredient listed as sugar and or sugar term. If you make a snack at home we also need the list of ingredients to check for children with an allergy.

*When making bread, muffins, or cupcakes, per State we need the box or a copy of the recipe of what is in the baked good, so we know for children with allergies.*

*Snack needs to be in an unopened box with the date visible for us to see (per State). No individual sleeves of crackers.*

We thank you so much for providing healthy, energy-filled snacks to keep us on the move!

Thank you,

Juliene and Jessie